



8th International Conference on

TRADITIONAL MEDICINE AND ACUPUNCTURE

July 23-24, 2018 | Rome, Italy

DAY 1

Scientific Tracks & Abstracts

Traditional 2018

Day 1

SESSIONS

July 23, 2018

Acupuncture | Alternative Medicine | Traditional Medicine | Oriental Medicine

Session Introduction

Session Chair

Franco Menichelli
Italian Association of
Acupuncture, Italy

Session Co-chair

Paolo Lombardi
Naxospharma, Italy

- Title: The benign paroxysmal positional vertigo (BPPV) in acupuncture**
Franco Menichelli, Italian Association of Acupuncture, Italy
- Title: Modern acupuncture: Stepping outside the box - shifting our views, our acupuncture charts, and the light that we use to see them; an innovative correction for the charts of the acupuncture profession and improving our success rates**
Dee Ann Newbold, Texas Association of Acupuncture and Oriental Medicine, USA
- Title: Musical basics in acupuncture**
Anton Keppel, Austrian Society for Controlled Acupuncture and TCM, Austria
- Title: Bioenergetic medicine – an overview**
Leslie Emdin, Integrative Medicine Practitioner, South Africa
- Title: Acupuncture for pressure equalization problems experienced by divers**
Janneke Vermeulen, Mermaid Medicine®, Netherlands
- Title: Addiction and acupuncture: from pain to pleasure**
Carlo Contaldi, Italian Association of Acupuncture, Italy
- Title: Inhibition of miR-128-3p by tongxinluo protects human cardiomyocytes from ischemia/reperfusion injury via upregulation of p70S6K1/p-p70S6K1**
Guihao Chen, Peking Union Medical College, China

Traditional 2018

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Franco Menichelli, Arch Gen Intern Med 2018, Volume 2 | DOI: 10.4066/2591-7951-C1-002

THE BENIGN PAROXYSMAL POSITIONAL VERTIGO (BPPV) IN ACUPUNCTURE

Franco Menichelli

Italian Association of Acupuncture, Italy

Cupololithiasis or canalolithiasis or VPPB (benign positional paroxysmal vertigo) is the cause of a very strong vertiginous crisis that suddenly hits the patient, sometimes during sleep, giving the sensation that the room and all objects are whirling or clockwise or counterclockwise. This crisis is usually referred to certain positions, so it is called benign positional paroxysmal vertigo (BPPV). This pathology responds very well and quickly to treatment with acupuncture, through an easy-to-apply scheme. First check the ear affected by the disease and treat the corresponding ear points and sometimes they are bilateral and in this case both ears are treated.

BIOGRAPHY

Franco Menichelli is graduated in Medicine and Surgery at the "La Sapienza" University of Rome (1980). He dedicated himself to the study of acupuncture as early as the late '70s, as a student and then collaborator of Dr Maurice Mussat. He is currently President of the Italian Association of Acupuncture, Vice President of the World Federation of Chinese Medicine (WF-CMS). He is the Director of SAET, the School of Energetic and Traditional Acupuncture of Rome and Arad (Romania, Vasile Goldis University).

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MODERN ACUPUNCTURE: STEPPING OUTSIDE THE BOX - SHIFTING OUR VIEWS, OUR ACUPUNCTURE CHARTS, AND THE LIGHT THAT WE USE TO SEE THEM; AN INNOVATIVE CORRECTION FOR THE CHARTS OF THE ACUPUNCTURE PROFESSION AND IMPROVING OUR SUCCESS RATES

Dee Ann Newbold

Texas Association of Acupuncture and Oriental Medicine, USA

Reviewing the actions of history, and more specific the historical charts of acupuncture. We have accepted the ancient scholars and texts as correct. Staying inside the box of what we were taught for centuries. It is now time for us to reevaluate and seek answers to questions that review the other possibilities. How many channels are present and where do they traverse? Stepping outside the box of traditional acupuncture training themes to a new system that reveals what can be systematically validated. It is very possible that there are more acupuncture channels on the body than ever imagined. And that there are more points than ever thought, and multiple means of influencing these points, including coloured light therapies. Reviewing Peggy Creelman's work a doctor of oriental medicine licensed in the state of New Mexico, USA, Dr Creelman has spent her professional career seeking the 'what if' question. She has used pulse reactive testing, something that Paul Nogier used with auricular acupuncture, and what has been used in Vega testing protocols, to validate new channels and new acupuncture points. Even changing the routing of the traditional channels and making room for a whole new way of practice. Doctor Creelman's curiosity led her to ask, why in the traditional acupuncture charts are some digits without channels and why are there two channels going to the little finger? Also, Dr Creelman investigates the use of how colour influences various points and sites on the human body. All new insights for the modern acupuncturists.

BIOGRAPHY

Dee Ann Newbold has done extensive study in the use of colour therapies on humans to help with mitigation of health conditions. She has served as a Board Member on the Texas State Board of Acupuncture Examiners, under the Texas Medical Board, as a general Board Member, continuing Education Chair, Ethics Committee Member, 1999-2005. Her mission is to provide pain free, professional care to her clients in the greater Austin Texas area. She runs the Acupuncture Medical and Research Centre and has been providing acupuncture full time for 29 years. She was recently requested to speak in May 2015 at the second Annual High-Tech Acupuncture Congress in Hangzhou, China on her primary topic of interest: the blending of acupuncture and colour therapy. Currently, she is working on her book: "Acu-Color, The Blending of Acupuncture and Color Therapy", set for publication in 2017.

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MUSICAL BASICS IN ACUPUNCTURE

Anton Keppel

Austrian Society for Controlled Acupuncture and TCM, Austria

Harmonic basics are a kind of structure science, which sets substantial impulse for the integral and hollistic thinking in our age. This is a scientific look and say method, reach back far in the age of the Phytagorean and Neo-Platonist, but at the latest of Johannes Kepler established as empirical science. In the following text, harmonic means not harmony science, it's rather understand as structure science. Harmonic is the basis and origin of harmonical natural philosophy, which is attributing the structure of law of nature back to integral proportions. It is decisive, that through the harmonical nature of philosopohy the reduction of measurable and quantifiable, like Galileo Galilei and John Locke did, got reversed. Passed through interval perception, qualitative methods are becomig main object of interest in science. Owing to the well-known frequencies in acupuntur (meridian frequencies by Reininger/Bahr), dissonances can be identified (sickness) and with suitble methods transferd into consonances (healthness).

BIOGRAPHY

Anton Keppel is General Practitioner and Medical Specialist for orthopaedic and orthopaedic surgery. He is the Member and also Lecturer of Austrian Society for Controlled Acupuncture and TCM. He is a private Doctor for complementary medicine in Vienna. He has further interests and scientific research in laser medicine, laser acupuncture music and frequential acupuncture.

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Leslie Emdin, Arch Gen Intern Med 2018, Volume 2 | DOI: 10.4066/2591-7951-C1-002

BIOENERGETIC MEDICINE – AN OVERVIEW

Leslie Emdin

Integrative Medical Practitioner, South Africa

Bio-energetic medicine has the potential to be the future medical paradigm. This paper first explores the Newtonian versus the Einsteinian paradigms, the latter obviously encompasses Quantum Physics, the salient points being discussed. This is followed by a brief discussion of the historical background of energy fields in healing and medicine, including illustrations of early electrical devices. To understand the effect of the role of electricity (electromagnetic) templates for all organisms to develop and grow, there is a brief discussion on the blueprint of life, electrophotography, holograms, cell structure and the living matrix and the piezo electric effect. Thereafter there is a discussion of therapies using energy medicine, namely acupuncture and homeopathy. There is also a discussion on devices using energy medicine, namely radionics and the rife resonator, as well as PEMF (Pulsed Electromagnetic Field Therapy) and Alpha Stim CES (Cranio Electrical Stimulation). MSA (Meridian Stress Assessment) devices–EAV, as well as Vega test and best systems are discussed, as well as computerised bio resonance– the QX/Scio/EDUCTOR and the Biocom devices. Additionally, low level laser treatment and polarised light therapy, as well as exciting new innovations, namely photodynamic therapy and laser-needle acupuncture, intravenous laser therapy, interstitial and intra-articular laser therapy will be reviewed.

BIOGRAPHY

Leslie Emdin is a graduated MBChB (UCT) in 1974. He completed his diploma in Acupuncture (SAMAS) in 1995 and CEDH (France) in 2001. He got certified in Integrative Medicine (US) in 2010. He is the graduate of applying functional medicine in clinical practice 2012. He has been in private practice since 1979 and currently runs integrative medical practices in Lansdowne and Panorama in Cape Town. He has written several articles for Natural Medicine on various topics including energy medicine, the danger of cell phone radiation and electromagnetic and environmental pollution, cranio-electrical stimulation (CES), AD/HD, as well as articles on general health and nutritional/vitamin and mineral supplementation.

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ACUPUNCTURE FOR PRESSURE EQUALIZATION PROBLEMS EXPERIENCED BY DIVERS

Janneke Vermeulen

Mermaid Medicine®, Netherlands

The most common issue experienced by divers is pressure equalization problems of the middle ear. This problem is mostly caused by ear, nose and throat (ENT) disorders (nearly 70% of all diving medical problems are ENT related). Having ENT disorders when being submerged can be very risky and generally it is strongly recommended not to dive with them, and in specific cases it can even be an absolute contraindication for diving. This presentation clarifies why pressure equalization of the middle ear is needed, how you can equalize and which complications can arise in case of certain ENT disorders. Indications for acupuncture and its effects will be discussed concisely, and some less frequent causes of pressure equalization problems will be highlighted. Acupuncture can contribute to trouble-free pressure equalization of the middle ear by providing a free air passage in the Eustachian tube.

BIOGRAPHY

Janneke Vermeulen is a Physiotherapist, Acupuncturist, Chinese Herbalist, Chinese Master Face Reader and specialist in Diving Medicine. She did internships in hospitals in China in 1994 and 2004. She had the opportunity to attend several ENT courses at the Scott Haldane Foundation, which trains physicians internationally to become diving medical doctors. In 2006, she received her PADI Divemaster license. She owns an acupuncture and physiotherapy practice in The Hague, the Netherlands and is author of "Diving Medical Acupuncture" published by Singing Dragon.

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ADDICTION AND ACUPUNCTURE: FROM PAIN TO PLEASURE

Carlo Contaldi

Italian Association of Acupuncture, Italy

In the present paper the author has analyzed the addiction features, its main psychopathologic symptom (craving) and the pain addiction-related. Addiction is a brain disease it is manifested by compulsive substance use despite harmful consequence. People with addiction (severe substance use disorder) have an intense focus on using a certain substances or addictive behaviors (e.g. gambling). Craving is the fundamental psychopathologic symptom of addiction, it's a non-physiological need. It is defined as an irrepressible, repetitive, intrusive desire with loss of control and compulsion (implementation of a series of actions aimed at its realization). Both (craving and addiction) are held by pain and concludes that it's the main cause of craving. Pain will be considered in a holistic vision; a mechanistic model of subjective experience which leads us to think that if we could find brain regions associated with the pain-condition we could target them with therapeutic technologies. The methodology of MRI brain-mapping seduces doctors into thinking that there is a place where chronic or addictive pain happens. The author searched for a relationship between the data of Traditional Chinese Medicine (TCM) of the energetics of living systems (ELS) and conventional medicine; a relationship could help him in the pain-treatment of his patients.

BIOGRAPHY

Carlo Contaldi is graduated in Medicine then became Specialist in Pharmacology. He did his masterclass in Psychodiagnosis/Diagnosis Pathological Addictions. He has done clinical and basic experimentation from Institute of Pharmacology. He was the volunteer Doctor and then as MD in psychiatric hospital. Since 1997, he is in to addiction clinic and medical acupuncture. He has given teachings in Pharmacology, Cosmetology and Toxicology. His higher qualification is in Energetics Acupuncture of Living System (ELS) Chinese Traditional Medicine, Psychopharmacology and Homotoxicology. He was speaker in some conferences in the field of Addiction, Mesotherapy, Acupuncture and extracellular matrix. His interests include: clinical audit - root cause analysis. He is the supporter of the humanization of medicine.

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INHIBITION OF *MIR-128-3P* BY TONGXINLUO PROTECTS HUMAN CARDIOMYOCYTES FROM ISCHEMIA/REPERFUSION INJURY VIA UPREGULATION OF P70S6K1/P-P70S6K1

Guihao Chen, Ruijie Tang and Yuejin Yang

Peking Union Medical College, China

Aims: Tongxinluo (TXL) is a multifunctional Traditional Chinese Medicine that has been widely used to treat cardiovascular diseases. However, no studies have explored whether TXL can protect human cardiomyocytes (HCMs) from ischemia/reperfusion (I/R) injury. Reperfusion Injury Salvage Kinase (RISK) pathway activation was previously demonstrated to protect the hearts against I/R injury and it is generally activated via Akt or Erk 1/2, and their common downstream protein, ribosomal protein S6 kinase (p70S6k). In addition, prior studies proved that TXL treatment of cells promoted secretion of VEGF, which could be stimulated by the increased phosphorylation of one p70S6k subtype, p70S6k1. Consequently, we hypothesized TXL could protect HCMs from I/R injury by activating p70S6k1 and investigated the underlying mechanism.

Methods & Results: HCMs were exposed to hypoxia/reoxygenation (H/R), with or without TXL pretreatment. H/R reduced mitochondrial membrane potential, increased bax/bcl-2 ratios and cytochrome C levels and induced HCM apoptosis. TXL preconditioning reversed these H/R-induced changes in a dose-dependent manner and was most effective at 400 µg/mL. The anti-apoptotic effect of TXL was abrogated by rapamycin, an inhibitor of p70S6k. However, inhibitors of Erk1/2 (U0126) or Akt (LY294002) failed to inhibit the protective effect of TXL. TXL increased p70S6k1 expression and, thus, enhanced its phosphorylation. Furthermore, transfection of cardiomyocytes with siRNA to p70S6k1 abolished TXL's protective effects. Among the microRNAs (*miR-145-5p*, *miR-128-3p* and *miR-497-5p*) previously reported to target p70S6k1, TXL downregulated *miR-128-3p* in HCMs during H/R, but had no effects on *miR-145-5p* and *miR-497-5p*. An in-vivo study confirmed the role of the p70S6k1 pathway in the infarct-sparing effect of TXL, demonstrating that TXL decreased *miR-128-3p* levels in the rat myocardium during I/R. Transfection of HCMs with a hsa-*miR-128-3p* mimic eliminated the protective effects of TXL.

Conclusions: The *miR-128-3p*/p70S6k1 signaling pathway is involved in protection by TXL against HCM apoptosis during H/R. Overexpression of p70S6k1 is, therefore, a potential new strategy for alleviating myocardial reperfusion injury.

BIOGRAPHY

Guihao Chen has completed his MD from Southern Medical University and currently, he is pursuing his PhD degree in Fuwai Hospital, Peking Union Medical College. His research interests include acute myocardial infarction complicated by cardiogenic shock, and the protective effects of Chinese traditional medicine in myocardial reperfusion injury. So far, he has published more than 10 papers in reputed journals.

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DAY 2

Scientific Tracks & Abstracts

Day 2

SESSIONS

July 24, 2018

Homeopathy | Herbal Medicine | Ayurvedic Medicine | Massage Therapy

Session Introduction

Session Chair

Dee Ann Newbold
Texas Association of
Acupuncture and Oriental
Medicine, USA

Session Co-chair

Paolo Lombardi
Naxospharma, Italy

- Title: Auriculotherapy in the treatment of musculoskeletal pains**
Francesco Menichelli, Acupuncture School in Arad (AIA), Italy
- Title: The Nine Palaces theory, diagnosis and therapy**
Natour Mohammad, Scuola Agopuntura Genova, Italy
- Title: The endocannabinoid system - Inducing homeostasis**
Lakisha Jenkins, Jenasis Cooperative Incorporated, USA
- Title: Efficacy of homoeopathic medicines on functioning in a child with baraitser winter syndrome**
Vaishali D M, Dr Vaishali's Homoeopathic Clinic, India
- Title: Ayurvedic head massage presentation**
Aet Sillaste, Vaikuse stuudio, Estonia
- Title: Cassia sophera – The unearthed poly crest**
Jasim Azhivelikkakathu Salim, Dr Salim's Homeopathy, India
- Title: Homoeopathic management of azoospermia**
Thamarai Kannan, Tamilnadu Homoeopathy Medical College, India
- Title: From elephants, traditional African medicine and modern medicine: where to from here?**
Barbara Cawood, Cawood Medical Clinic, South Africa

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AURICULOTHERAPY IN THE TREATMENT OF MUSCULOSKELETAL PAINS

Francesco Menichelli

Italian Association of Acupuncture, Italy

Auriculotherapy is a discipline that uses the auricle for diagnostic and therapeutic purposes. We can use different areas located on the auricle to treat various diseases: musculoskeletal disorders, diseases of the digestive system, respiratory system, urinary system, endocrine system. Numerous research has shown the efficacy of acupuncture in the treatment of dependencies and in eating disorders. In this report the author will talk about the techniques that are used in the main musculoskeletal pathologies, the author will present clinical cases treated and explain the use of stimulation techniques and the limits of auriculotherapy in the main musculoskeletal pathologies. The author will explain how to intervene with auriculotherapy in the following diseases: stiff neck, cervical spondylosis, cervicobrachial neuralgia, bruxism, lumbago, lumbosciatica and gonalgia.

BIOGRAPHY

Francesco Menichelli is specialized in Acupuncture, Auriculotherapy and Aesthetic Medicine. He is Teacher in Acupuncture at the School of Energetic and Traditional Acupuncture of Rome (SAET) and Lecturer at the School of Energetic and Traditional Acupuncture (SAET) at the Universta Vasile Goldis of Arad (Romania). He is the Director of the Auricular Acupuncture School at the University Vasile Goldis of Arad.

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THE NINE PALACES THEORY, DIAGNOSIS AND THERAPY

Natour Mohammad

Scuola Agopuntura Genova, Italy

The Nine Palaces theory originates from the very ancient 'He Tu and 'Luo shu' maps. The theory is based on the Yi Jing and Ba Gua and can be found in "Zhen Jiu Da Cheng". The Nine Palaces theory has got of guiding significance for Acupuncture. This theory is successfully used by doctor Feng Ninghan in his clinic. By using clinical case reports we aim to explain the application of the Nine Palaces theory in clinical practice and try to highlight the value of the Nine Palaces theory.

BIOGRAPHY

Natour Mohammad is the President AMAL, Founder and Teacher AMAL, Medico Acupuncturist. He is an Acupuncturist, a graduate of the Faculty of Medicine and Surgery of Genoa and specialized in Haematology. His innate curiosity and desire to improve the lives of his patients led him to deepen the Traditional Chinese Medicine becoming among the first doctor's acupuncturists of Liguria. In 1994, together with trusted colleagues, he founded and became Director of the AMAL- Association of Ligurian Doctors Acupuncturists - and Director, Teacher and regional representative of Fisa. Over the years he has become a point of reference for the scientific community, has held the role of Lecturer in the major Italian universities and has dedicated himself to the publication of several articles for the main magazines of the sector.

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THE ENDOCANNABINOID SYSTEM INDUCING HOMEOSTASIS

Lakisha Jenkins

Jenasis Cooperative Incorporated, Ireland

Homeostasis refers to the processes and reactions that our body utilizes to actively maintain a constant internal environment. Some examples of systems within our bodies that require this constant balancing include: oxygen levels, hydration, and body temperature. Disturbances to this balance can lead to diseases. Examples: epilepsy, stroke, arthritis, Crohn's disease, obesity and cancer. Our body's endocannabinoid system naturally produces cannabinoids that regulate the biochemical processes which help to maintain homeostasis. However, our bodies do not produce enough cannabinoids on their own and we must incorporate phyto cannabinoids (plant-based cannabinoids) to help our body obtain homeostasis.

BIOGRAPHY

Lakisha Jenkins holds a Doctorate in Naturopathy and is a professional Member of the American Herbalist Guild. Her core competencies include utilizing herbs as the basis of nutrition to help combat the symptoms of a myriad of illnesses. Additionally, through research and consulting practicum, she became proficient in identifying the active constituent and cannabinoid profiles in botanicals and integrating those profiles together in herbal compounds. She is the Founder and CEO of The Kiona T Jenkins Foundation of Natural Health, holistic health non-profit organization. The Kiona Foundation and its subsidiary, The Farm'acy – a non-profit agricultural cooperative, operate a natural health cooperative outlet in Pleasanton, CA. She has provided holistic health services Northern California, since 2010. The Farm'acy Cooperative recently expanded its reach into international territory with opening an extension in Kingston, Jamaica (2018). She is a founding Member and the first elected President of the California Cannabis Industry Association and served on the Board of the National Cannabis Industry Association and their Minority Business Council. Additional community service credits include serving on the Health, Hunger and Wellness Coalition Board of Directors for the city of Patterson (California) and certified Leader with the University of California Agricultural Extension 4-H program through Alameda county (California).

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EFFICACY OF HOMOEOPATHIC MEDICINES ON FUNCTIONING IN A CHILD WITH BARAITSER WINTER SYNDROME

Vaishali

Dr Vaishali's Homoeopathic Clinic, India

Background: Baraitser Winter Syndrome (BWS) is a condition that affects the development of multiple parts of the body, particularly, the brain and the face. An unusual facial appearance is the most common characteristic of BWS. Distinctive facial features which include hypertelorism, ptosis, high-arched eyebrows, broad nasal bridge, philtrum. Structural brain abnormalities are also present which can cause mild to severe intellectual disability, developmental delay and seizures. This paper explores whether ultra dilute medicines with proven efficacy may be possibly used for such conditions, to improve the qualitative life of the child.

Objective: To reflect the evidence based structural changes brought by homoeopathic medicines and to promote the child independence in congenital deformity.

Method: A child afflicted with baraitser winter syndrome was analyzed and treated as per Homoeopathic principles; general expression of the case was used for diagnosis and characteristic were given prime importance for arriving of the constitutional similia; and conductive training for the development of motor function and functional skills were imparted.

Result: The study involved a detailed follow-up of the child for one year and upon analysis, detailed study and specific treatment, the child showed significant improvement in dysmorphic symptoms as compared to pre-treatment. Structural corrections of undescended testis were seen with improvement in hearing and development of milestones.

Conclusion: The study and treatment demonstrate the scope of homoeopathic medicines in treating BWS which reflects significant improvement in motor and functional skill development of the child, which otherwise, in pre-treatment was grossly missing. However, rigorous research needs to be done.

BIOGRAPHY

Vaishali is graduated in BHMS, from FMHMC, Mangalore, Karnataka and was a gold medalist in her MD (Pead), from VMHMC, Salem, TN. She has attended course in Classical Homoeopathy at IACH, Greece and has undergone clinical training in OPD and IPD. She has also given frequent lectures on Homoeopathy and Pediatrics' to under graduate students and has undergone special clinical training in ICU and NICU at Indira Gandhi Institute of Child Health, Bengaluru. She has participated in numerous conferences, world-wide, and was recognized as the best oral speaker at the first MIIHC 2017, Malaysia. She has published numerous articles about: homoeopathic management of children with special needs, migraine and its miasmatic view, a clinical study of lactose intolerance and its miasmatic approach, juvenile diabetes, etc. She has started her practice since 2009, specialized in treating all kinds of infectious and non-infectious pediatric conditions, acute management and general practice. She has worked for various corporate hospitals and is an on-call Doctor for Kidzee Schools, Bengaluru. She has her own chain of clinics, since 2013, at Bengaluru and has been involved in charitable and social activities, viz., conducting free medical health and blood donation camps.

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AYURVEDIC HEAD MASSAGE PRESENTATION

Aet Sillaste

Vaikuse stuudio, Estonia

Ayurvedic head massage is a part of very important ayurvedic oil massage abhyanga. It can be performed along with abhyanga and separately. Usually abhyanga starts with head massage. Our head is full of marma points and all marma points relate to our five senses: taste, smell, touch, visual and hearing. During head massage we activate those points and it means we also activate our senses as antennas and connect with world and universe. As good is our connection, this well and clear we can make our choices in our beautiful life. As much we enjoy head massage our antennas are getting more and more sensitive and our life is going to be more balanced and healthy. Head massage is excellent method as a part of the treatment of stress, depression, also sleeping problems, headaches, migraine, concentration problems, tinnitus, dizziness and different problems in head area. It sounds strange, but head massage is helping well against early wrinkles. Applying right oil, head massage is effective against wet or dry dandruff, hair loss and alopecia. In every day basis it is a perfect instrument to come out of tiredness and overworking. It can be applied daily. Traditionally we make ayurvedic head massage with big amount of oil. Ayurvedic head massage opens energy channels and energy can move in proper direction. After that you feel yourself fresh and you will sleep well-in conference I will make a presentation of ayurvedic head massage on model.

BIOGRAPHY

Aet Sillaste is an Ayurvedic Practitioner in Estonia who has learned Ayurveda and Ayurvedic massage mostly in India. Her main teachers are Dr Sanjeev Gosavi from (Institute of Beauty, Health and Ayurveda in Pune) and Dr Vinod Kumar from Ayushkama Ayurveda Institute in Rishikesh). She is graduated ayurvedic massage therapist and beauty practitioner. She has also learned authentic marma therapy. Now she has her own little massage studio in Estonia, she is teaching different variations of ayurvedic abhyanga massage, giving ayurveda workshops, guiding meditations and giving ayurvedic facials, massages, shirodhara and health consultations.

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Jasim Azhivelikkakathu Salim, Arch Gen Intern Med 2018, Volume 2 | DOI: 10.4066/2591-7951-C1-002

CASSIA SOPHERA – THE UNEARTHED POLY CREST

Jasim Azhivelikkakathu Salim

Dr Salim's Homeopathy, India

The plant is found throughout India and in most tropical countries. It is common in waste lands, on roadsides and in the forests. Root bark is used for preparation of the medicine. It has been used by ancient Indian physicians for its efficacy in respiratory disorders. Dr BK Basu has proved this drug on himself. He has also recommended in common cold and asthma. *Cassia sophera* is represented in around 49 mind rubrics in synthesis repertory and all together 1231 rubrics in entire synthesis repertory, yet the medicine remains underused. *Cassia sophera* is widely used for its anti allergic properties. Its ability to bring down immunoglobulin E and eosinophilic counts is well documented. But *Cassia sophera* still remains under proved and underused, mother tincture earns good results in most of the cases. Central council of research in homeopathy has given extensive proving of this medicine yet the clinical use remains restricted. The clinical verification of constitutional features of *Cassia sophera* is done in the study and many symptoms were re-confirmed. *Cassia sophera* was used in number of cases from migraine, sinusitis, IBS, haemorrhoids, Tinea cruris etc and results showed that *Cassia sophera* still remains very much unearthed and underrepresented in repertory. Illustration of cases in which *Cassia sophera* is successfully used and available remedy portrait is constructed.

BIOGRAPHY

Jasim Azhivelikkakathu Salim is specialized in Homeopathic Medical Practice. His passionate about love to help people. He is currently Partner and Medical Officer at Dr Salim's Homeopathy, Kochi and also co-owner and Manager Jovintos Trading company Al Quoz, Dubai.

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FORM	STRUCTURE	FUNCTION
<ul style="list-style-type: none"> • Astheny • Fear of heat disease • Headache • Stomatitis • Skin itching eruptions • Skin eruptions scaling • Eyes itching • Eye watering • Consumption • Bleeding 	<ul style="list-style-type: none"> • Nasal mucosa • Senses • Skin • Mind • GIT • Rectum • Lungs • Urine 	<ul style="list-style-type: none"> • Allergic reactions • Hypersensitivity • Facial Hyperemia • Inflammation cell infiltration • Hyperkinesia • Mucus secretions

DISEASE	PATENT	PERSON
<ul style="list-style-type: none"> • Allergic rhinitis • Chronic sinusitis • Allergic conjunctivitis • Bronchitis • Asthma • Haemorrhoids • Tinea Cruris • Impetigo 	<ul style="list-style-type: none"> • Capricious • Mood changeable • Incoherency • Instability • Fear of heat disease • Delusions Ghosts spirits Specters on closing eyes • Difficult in concentration 	<ul style="list-style-type: none"> • Home desires to go • Walking desire for • Walking desire for in Open air • Sensitive • Sentimental

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HOMOEOPATHIC MANAGEMENT OF AZOOSPERMIA

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Background: Azoospermia is defined as complete loss of sperm in an ejaculate. There are two types of azoospermia. Obstructive azoospermia is caused by an obstruction that prevents sperm delivery in to ejaculate and non-obstructive azoospermia results from abnormal sperm production. The clinical management of non-obstructive azoospermia has been challenging for reproductive specialist's. Non-obstructive azoospermia accounts 10% to 15% of the males with infertility. This case study highlights the importance of detailed case taking in homoeopathic perspective and the importance of psychological cause in infertile men.

Objective: The objective of the study is to show the efficacy of classical homoeopathy in management of azoospermia.

Method: Detailed evaluation and analysis of the case was done. Constitutional totality was framed with the help of mental generals, physical generals and characteristic symptoms. Regular follow up in detail with investigations were done.

Result: The results of the present study reveals that the semen analysis showed improvement from absence of sperm to 85 million sperms.

Conclusion: With the detailed evaluation of the patient and constitutional prescription semen analysis showed improvement which shows the efficacy of homoeopathic medicines in treating non-obstructive azoospermia.

BIOGRAPHY

Thamarai Kannan handled OPD and IPD postings efficiently during his post graduation. He has given frequent lectures on Homeopathy and Paediatrics to the undergraduate students. Handling theory and practical classes for BHMS students, at Vinayaka Mission's Homoeopathic Medical College, Salem, as a part of fulfilling the curriculum requirements of post graduation. Working in the Department of Medicine at Tamil Nadu Homoeopathy Medical College, Salem.

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FROM ELEPHANTS, TRADITIONAL AFRICAN MEDICINE AND MODERN MEDICINE: WHERE TO FROM HERE?

Barbara Cawood

Cawood Medical Clinic, South Africa

A perspective from a grass roots allopathic medicine clinician of 31 years, who experienced as a child the best classroom in her backyard, Nature. Growing up, being integral with nature, she learnt about life and Healing before venturing to the city to study medicine. Her constant awareness and search for healing across cultures and continents has shaped her perspective.

Nature has an innate capacity for organisation and healing. Elephants have inhabited earth for 50 million years. A case presentation of elephants is shown within the environment they find themselves. A Baobab tree of 4000 years is still thriving, and a baby baboon has a conversation with us. In contrast, the probability of anthropogenic human extinction in America within the next 100 years is a topic of active debate. Kenya has an extinction rate 1000 times faster than other events in the last 65 million years which makes it plausible that in the next 300 years Kenyans will be extinct.

An interview with a Traditional African Medicine (TAM) healer who is a young white African boy and his family reveals the calling, the training and society and the church's attitudes toward TAM.

Economies globally struggle to afford health care costs. Market trends show the consumer is driving change. The focus needs to shift to mass prevention and diagnoses and to wellness aspects of body mind and soul. A new treatment model for medicine is proposed.

BIOGRAPHY

Barbara Cawood completed her medical degree at the age of 25 years from the University of the Witwatersrand Medical School. She is director of Cawood Medical Clinic, providing General Practice, Occupational Medicine and Health, Integrative Medicine, Fast Weight Loss, Wellness and Dispensing to a rural community on the northern tip of South Africa, which is the gateway to Africa. Barbara has affiliations with the South African Medical Association (SAMA), South African Society of Integrative Medicine (SASIM), South African Society of Occupational Medicine (SASOM) and the Australasian College of Nutritional and Environmental Medicine (ACNEM). Barbara has lived and worked in South Africa, Zimbabwe, Canada, New Zealand and Australia during her career and has always chosen to live rurally within cultural diversity.

