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**PREVENTION OF GINGIVAL/PERIODONTAL DISEASES AND ORAL CAVITY  
DISEASES-DIFFERENT POPULATION GROUP**

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Oral health is a part of general health and represents the health of all anatomically functional parts of the oral cavity. Oral diseases are one of the leading health problems of the 21<sup>st</sup> century in the world. An association between insufficient or improper oral hygiene with the occurrence of caries, gingival/periodontal diseases and consequently general diseases has been established. For the successful implementation of oral hygiene, it is necessary to use the appropriate accessories; techniques; regularity and frequency of maintenance; duration of teeth washing, proper nutrition; regular dental check-ups; constant motivation and remoteness. The frequent performance of oral hygiene is particularly important for preventing the oral biofilm accumulation. Oral biofilm consists mostly of microorganisms and is the main etiological factor in the development of gingivitis and periodontal disease. Also, specific groups of patients are diabetics, pregnant women, children, adolescents, elderly people, people with special needs as well as oncological patients. In these patients it is necessary to take specific measures of oral hygiene maintenance.



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