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Obesity, X-linked and Y-linked homosexuality, LGBT healthcare

One major pathogenesis of obesity is the unbalanced hormones, too much stress hormone steroid and/or not enough “anti-obese” happy hormones, endorphin, serotonin, dopamine and oxytocin, too much estrogen and/or too less testosterone. Any sexual orientation is normal. Sexual orientation is X-linked and Y-linked traits, inherited by next generations. It is like this, female homosexual XAXA, female bisexual XAXa, female straight XaXa, male bisexual XAYA, male homosexual (manly type) XAYa, male homosexual (girlish type) XaYA, male straight XaYa. The presentation and degree of homosexuality varies in many ways, and at different stages of lifespan, as these hormones and our genetic makeup change. So is fat deposition. More estrogen and/or less testosterone are associated with fat ass. Fat ass may be an easy way to identify stronger homosexuality. If everybody loves his/her love, it may be better balanced. Yet, the reality is the reality. LGBT healthcare remains far behind. As an unresolved frustration, closeted homosexuality causes a series of health problems, obesity, tobacco/alcohol/substance abuse, and mental/psychiatric disorders. Incautious sexual practice causes sexual transmitted diseases (STDs) like AIDS. Social problems like inequality

opportunities among minorities happen often. It brought huge challenge for management. Better acceptance and recognition from learning in a variety way, information merged into clinical visits through smartphone apps and electronic medical record system (ERMS), barrier protection in sexual practice, positive attitude in daily life, team network of physicians, psychiatrists, psychologists, pharmacists, activists, and communities, with loving hearts. Start local, go global, don't ever shut the door.

Speaker Biography

Cheryl Wang earned her MD at Binzhou Medical College, MSc., Endocrinology and metabolism, internal medicine in Shanghai Second Medical University (now Shanghai Jiaotong University), PhD in Science, Endocrinology and metabolism, internal medicine at PLA medical college. She did internal medicine residency and trained as an Endocrinologist in Donying People's Hospital, China, did surgery residency at Mount Sinai and Rutgers in the United States. She was awarded numerous times for variety of accomplishment, three KL2s from NIH, the first place award at UTHSCSA research day, Federation Medical Golden Prize scholarship, scholarship for many times, excellent student almost every academic year, excellent student officer awards, excellent female student nominee, excellent graduation award, and many awards for mathematics, speech, and variety of contests. Above all, she had accomplished her masterpiece, her hard-won wisdom, “happy booster-how positive attitude promotes health, reduces stress, enhances performance, accelerates success and boosts happiness”, the best of America and Chinese best, the most positive energy ever, and a Nobel Prize “Winner-to-be”.

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