

World Summit on  
**PSYCHIATRY DISORDERS,  
MENTAL HEALTH AND  
WELLNESS**

**June 24-25, 2019 | Philadelphia, USA**

MENTAL HEALTH 2019



**KEYNOTE FORUM  
DAY 1**

# PSYCHIATRY DISORDERS, MENTAL HEALTH AND WELLNESS

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Ann Marie Leonard-Zabel, J Ment Health Aging 2019, Volume 3



## Ann Marie Leonard-Zabel

Curry College, USA

### BIOGRAPHY

Ann Marie Leonard-Zabel received her Doctoral Degree in Child and Youth Studies-Special Services and exceptional education with a focus on attention-deficit/hyperactivity disorder and neuropsychology from Nova Southeastern University, a Certificate of Advance Graduate Studies in School Psychology from the University of Massachusetts in Boston, a Masters of Education in Clinical Counseling coupled with a Paralegal Studies concentration from Bridgewater University

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### THE OPIOID CRAVING BRAIN: UTILIZING ADOLESCENT NEUROPSYCHOLOGICAL ASSESSMENT AND PSYCHOLOGICAL- BEHAVIORAL INTERVENTION APPROACHES FOR IMPROVED TREATMENT OUTCOMES

**Aim:** Adolescents are being diagnosed on daily basis with substance use disorder involving opioid. This presentation will explore the impact of Opioid addiction from a brain-based perspective and propose various neuropsychological assessment and psychological-behavioral approaches from a school neuropsychological perspective. Substance use involving Opioid addiction is a very complex, multifaceted, dynamic problem that cannot be explained by any single neuropsychological factor. This presentation will explore the broad range of neuropsychological issues involving addiction, focusing on various neuropsychological assessment approaches including, but not limited to, learning and memory. Evidence-based practices will be examined with regards to on-going interventions to promote home school/school/life adjustment and achievement. A case study will be reviewed throughout the presentation.

**Objective:** Explore the impact of opioid addiction on adolescent neurobiological brain development; understand the neuropsychological effects and consequences of substance use on the adolescent opioid addicted brain utilizing a school neuropsychological assessment model; Review the various psychological-behavioral interventions focusing on treatment outcomes and evidence-based practices involving home, school and community as an outgrowth of the neuropsychological assessment profile.

**Result:** As a result of addressing the above objectives, professionals will learn a "Best practices" approach for treating adolescent opioid addiction.

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Maree Sugai, J Ment Health Aging 2019, Volume 3



## Maree Sugai

Tohoku University of Community Service and Science, Japan

### BIOGRAPHY

Maree Sugai has a Masters Degree in sociolinguistics and a Masters Degree (abt) in Medical Anthropology and has published in 25 journals on the topic of culture in psychiatric care and ethno-psychiatry. She has oral presented at the SfAA and at over 30 medical conferences globally. She was an Associate Professor and Senior lecturer for 30 years in Japan and is on the governing board of a mental health rehabilitation center in Sendai, Japan where she has worked as a volunteer for 18 years. She is also Health Director for the Global Listening Center and a freelance medical writer. She has received awards and certificates for public speaking, community service and contributions to health as a human right.

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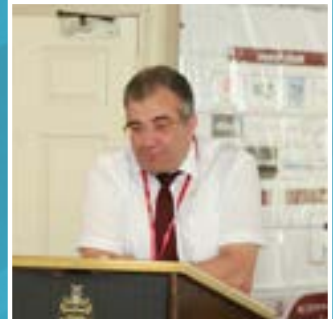
### AUTONOMY AND CONTROL FACTORS IN PSYCHIATRIC CARE IN JAPAN

Looking inside the walls of private mental institutions in Japan, this paper explores bioethical concerns for autonomy in a high context culture, amongst people diagnosed with severe mental illness. The objective is to identify contextual components of control in Japanese clinical ethics that affect well-being, including the controversial extended use of bed restraints and to discuss culture-specific values in accommodating respect for autonomy. This paper explores cultural normative ethics of hospital conduct and psychiatric health care in situational context. Central to the paper is exploration of respect for autonomy and what this means for a population of people whose voice is seldom heard, always questioned and who are vulnerable to being second-guessed and abused. This paper calls into focus the roles that socio-cultural constructs, history, politics and cultural values play in a health care system for people with psychosis and aims to contribute inquiry into a global social justice within a culture-bound domain of morals and ethics.

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**KEYNOTE FORUM  
DAY 2**

# PSYCHIATRY DISORDERS, MENTAL HEALTH AND WELLNESS

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Josh Vigderman, J Ment Health Aging 2019, Volume 3



## Josh Vigderman

Merakey, USA

### BIOGRAPHY

Josh Vigderman has been working in the behavioral health field for 14 years. He has been involved in the Drug and Alcohol programs for Merakey since 2007. While working with Merakey, he had multiple roles, beginning as a Therapist and now in his current position as Executive Director—Addiction Services. He was recently a recipient of Philadelphia's Social Innovation Awards for his work implementing a mobile team to help clean up Philadelphia's encampment sites. He is very passionate and dedicated to help any individual who is seeking treatment through Merakey. He received his Master's in Clinical Counseling Psychology and is a Licensed Professional Counselor in the State of Pennsylvania.

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### AN INNOVATIVE APPROACH TO MEDICATED ASSISTED TREATMENT

Merakey Parkside Recovery has designed an innovative treatment model to address the opioid epidemic plaguing the city of Philadelphia. The Merakey Parkside Mobile Intake and Assessment team travel throughout the city, providing outreach, screening and intervention efforts to individuals experiencing substance use and/or co-occurring symptoms. They also deliver interventions through emergency services or admission to the appropriate level of care by creating immediate access to services and engaging individuals in their environment with consideration for their unique needs. The design of this innovative service aims to remove barriers to immediate access to treatment, promote same day admissions, reduce readmissions, shorten lengths of stay and decrease treatment failure, ultimately enhancing treatment outcomes and yielding reduced overall costs. The Merakey Parkside Mobile Intake and Assessment Unit provide access to care utilizing all three forms of MAT (Methadone, Buprenorphine and Vivitrol). Persons in recovery (PIR) have same day access to our physicians so that their physical discomfort in withdrawal can be alleviated as soon as possible. The Mobile Intake and Assessment Unit allows them to continue with their long-standing practice and ability to admit clients to MAT regardless of the use of other substances, issues with transportation, homelessness or any other social determinants of health. Merakey Parkside has improved access to services with the use of our Mobile Unit to actively engage individuals in need of services. The Mobile Unit utilizes a centralized intake hotline for those either in need of recovery services or those who are referring someone to their care. Whether under a bridge in a local encampment site, in a homeless shelter or in a crisis unit the Mobile Unit is truly meeting people at their current living situation. The Merakey Parkside model is based on a true outreach initiative that extends beyond the walls of a traditional clinic and is built on an integrated and coordinated approach to care.

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Bindu Babu, J Ment Health Aging 2019, Volume 3



## Bindu Babu

I-MD, USA

### LIFE COACHING AND ENERGY WORK FACILITATES THE HEALING OF WOMEN AFFECTED BY NARCISSISTIC RELATIONSHIPS

## BIOGRAPHY

Bindu Babu is a Transformational Life Coach who is an expert in the healing and recovery from toxic narcissitic relationships; she uses the Quantum Medicinal approach in her sessions and programs. She is a well sought out Motivational Speaker where she has spoken and Co-Chaired at prestigious universities such as NYU and Harvard for the National Symposium of Personal Development. She is a Medical Physician and has a Doctorate in Natural Medicine and a PHD in Integrative Medicine thus being trained in both allopathic and holistic modalities. She is a Certified Reiki Master and a Past Life Regression Therapist where she completed her professional training from the Weiss Institute with Dr. Brian L Weiss author of "MANY LIVES AND MANY MASTERS". He has a well-established life coaching practice in Newyork and holds guided meditation and Reiki workshops for the community.

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Author will look at the fundamental attributes of quantum medicinal Approach of life coaching and energy work, its positive role in transformational healing and recovery of women who have been involved in narcissistic relationships. It will focus on women who have endured devastating emotional, physical and psychological consequences through these relationships, the different allopathic methods, both chemical and behavioral that has been applied and how the quantum medicinal approach had an effective role in their journey towards healing and recovery. Methodology: This awareness comprises of five case studies of women, each with their own individualistic lifestyle, habits, goals, socio-economic status and beliefs. These women all have been subjected to narcissistic partner abuse resulting in their self-worth, self-esteem and total being left in shreds. According to these women, they are suffering from mental and physical aftermaths, and felt seeking recovery through allopathic modalities alone have not deemed effective in long term results and permanence. These case studies have been based on the client feed-back and the observational level of healing experience that is seen within one year of solid commitment and continuity towards quantum based life coaching, energy work and other quantum modalities specifically, meditation, reiki, aromatherapy and emotional freedom technique. Each case has resulted with a positive lifestyle change, promotion of self-love and worth, reduction in physical, mental and spiritual damage of where 95% healing has been seen within a year with longevity and adherence. It is seen that the quantum medicinal approach in life coaching and energy work facilitates the healing of these women affected by abusive narcissistic relationships.