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COMPREHENSIVE JOINT PROGRAM IN THE TRANSITION TO OUTPATIENT ARTHROPLASTY

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The current progression of total joint arthroplasty surgeries in the United States is moving towards an increasingly short length of stay with patients going home as soon as same day. However, what is the impact on overall patient outcomes? With the progression of surgical techniques and changes in medicare reimbursement, the burden on physiotherapists is how to rehabilitate and educate these patients without compromising long-term functional return. The institute for joint restoration and research has been highly successful in combining high patient volume, decreasing length of stay, high functional outcomes and patient satisfaction. The interventions introduced in acute care are the foundations of recovery, with a shift in the recovery process to home health and outpatient rehab. The sequence of recovery is critical to moving patients through the care continuum. We will discuss the key factors to these new parameters and the promotion of successful outcomes for our patients.



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