

Landfill Management: Ensuring Sustainable Waste Disposal.

Arabeyyat Wallius*

Department of Project Management, Jordan

Introduction

Landfills have long been the most common method of waste disposal worldwide, providing a place to bury non-recyclable waste. However, improper landfill management can lead to significant environmental and health issues, including soil contamination, air pollution, and the release of greenhouse gases like methane [1]. As waste generation continues to rise, effective landfill management has become essential to minimize these impacts and ensure that landfills are used responsibly and safely. Proper management practices can reduce environmental harm, extend the lifespan of landfills, and even recover valuable resources [2, 3].

Effective landfill management involves several key components

Choosing an appropriate site for a landfill is crucial. It must be located away from sensitive areas such as water bodies, wildlife habitats, and populated regions. The design of a landfill should include impermeable liners to prevent leachate (contaminated liquid) from leaking into the soil and groundwater, as well as systems to collect and treat leachate [4]. Sorting waste before it is sent to the landfill can significantly reduce the amount of organic waste and recyclable materials, which can be processed separately. This reduces the pressure on landfills, making them last longer and lessening the need for additional disposal sites. To optimize space and reduce odours, waste in landfills is compacted regularly [5-7]. After compaction, a layer of soil or other material is added to cover the waste, helping to reduce methane emissions and prevent the attraction of pests. As organic waste decomposes in landfills, it produces methane, a potent greenhouse gas. Modern landfills are equipped with systems to capture and flare or use this methane as a source of energy, reducing its environmental impact. Once a landfill reaches capacity, it must be properly closed [8]. This involves sealing the site to prevent contamination, monitoring the landfill for potential hazards, and implementing long-term care to ensure that any residual pollution is addressed. Post-closure management also includes monitoring the site for methane and leachate leaks [9, 10].

Conclusion

In conclusion, landfill management is a critical aspect of modern waste disposal, aiming to minimize environmental harm and ensure the sustainable use of land. By employing proper site selection, waste segregation, methane collection, and long-term monitoring, landfills can be managed in a way

that reduces their negative impact on the environment and public health. As we continue to generate waste, improving landfill management practices will remain an essential part of a broader strategy for sustainable waste management and resource conservation.

References

1. Holmén K, Furukawa H. (2002) Loneliness, health and social network among elderly people—a follow-up study. *Arch Gerontol Geriatr*; 35(3):261-74.
2. Kabisch N, van den Bosch M, Laforteza R. (2017) The health benefits of nature-based solutions to urbanization challenges for children and the elderly—A systematic review. *Environ Res*; 159:362-73.
3. Kabisch N, Pueffel C, Masztalerz O, et al. (2021) Physiological and psychological effects of visits to different urban green and street environments in older people: A field experiment in a dense inner-city area. *Landsc Urban Plan*; 207:103998.
4. Laditka SB, Corwin SJ, Laditka JN, et al. (2009) Attitudes about aging well among a diverse group of older Americans: Implications for promoting cognitive health. *The Gerontologist*; 49(S1):S30-9.
5. Lane AP, Hou Y, Wong CH, et al. (2020) Cross-sectional associations of neighborhood third places with social health among community-dwelling older adults. *Soc Sci*; 258:113057.
6. Leung MY, Wang C, Chan IY. (2019) A qualitative and quantitative investigation of effects of indoor built environment for people with dementia in care and attention homes. *Build Environ*; 157:89-100.
7. Leung MY, Famakin I, Kwok T. (2017) Relationships between indoor facilities management components and elderly people's quality of life: A study of private domestic buildings. *Habitat Int*; 66:13-23.
8. Ludden GD, van Rompay TJ, Niedderer K, et al. (2019) Environmental design for dementia care-towards more meaningful experiences through design. *Maturitas*; 128:10-6.
9. Marquet O, Miralles-Guasch C. (2015) Neighbourhood vitality and physical activity among the elderly: The role of walkable environments on active ageing in Barcelona, Spain. *Soc Sci*; 135:24-30.

*Correspondence to Arabeyyat Wallius, Department of Project Management, Jordan. E-mail: arabiat.wls@bau.edu.jo

Received: 01-Nov-2024, Manuscript No. AAEWMR-24-155191; Editor assigned: 05-Nov-2024, Pre QC No. AAEWMR-24-155191 (PQ); Reviewed: 19-Nov-2024, QC No. AAEWMR-24-155191; Revised: 22-Nov-2024, Manuscript No. AAEWMR-24-155191 (R); Published: 29-Nov-2024, DOI: 10.35841/aeewmr-8.6.237

10. Masterton W, Carver H, Parkes T, et al. (2020) Greenspace interventions for mental health in clinical and non-clinical populations: What works, for whom, and in what circumstances?. *Health & Place*; 64:102338.